



A Prayer to Guard my Mind

Lord,

*I ask that You would guard my heart
and mind in Christ Jesus.*

Guard my thoughts.

Guard my emotions.

Guard my soul and my body.

*Give me strength in my mind, in my
heart, and in my soul.*

*When I experience deep
discouragement or feel overwhelmed by
the circumstances around me, cover me
with Your presence and remind me that I
are never alone.*

Amen.