

# *A Prayer for Restful Sleep*

*Dear God, grant me  
peaceful rest to sleep  
without fear. Renew my  
strength and equip me with  
the grace and power to  
begin another day. Shower  
me with Your unending  
love, and may Your grace be  
my anchor even in the  
darkest nights.*

*Amen.*



# Evening Prayers

*Lord Jesus, I ask for your guidance and comfort as the evening comes. Fill me with your peace and rest as I lay down to sleep. Give me strength for my body and courage to face whatever comes my way in the morning. Father, wrap me in Your holy presence tonight, and by your grace, keep me safe in your loving arms.*

*In Jesus' name,  
Amen.*



# Good Night Prayers and Blessings

*Heavenly Father, as I lay down to sleep tonight, grant me peace. Renew my strength and fill me with the joy and assurance of knowing that You are always by my side. Give me the courage to face all my fears with faith in Your mighty power.  
Amen.*



# *An Evening Prayer*



*Lord, as I settle for the night,  
I rest assured in Your promises  
will guard me in all my ways.  
Bless me this evening with your  
tender grace, and grant me  
peaceful sleep. May Your grace  
be my shield and your love my  
fortress. As I end this day, I place  
all my worries at Your feet.  
Guide me through the night, as  
I put my trust in You.  
Amen.*



# Night Time Prayers

*Lord, what a blessing it is to know that you direct me with your love by day, and at night, your song is with me. May the melody of your unfailing love soothe my soul like a sweet lullaby, and bring peace and rest to my body and spirit. May I wake up refreshed and renewed in Your love, ready for another day of serving You.  
Amen.*

# *An Evening Prayer of Blessings*

*Lord, this evening I ask that you  
bless me and keep me safe  
within your loving embrace.*

*May You shine your face upon  
me and be gracious to me today.*

*Shine your face upon me and  
grant me your perfect peace.*

*Father, surround me with Your  
divine protection tonight. Guard  
my heart, my mind, and my soul  
as I drift into a peaceful sleep.*

*In Jesus' name, Amen.*



# *Powerful Good Night Blessings*

*Lord,*

*On this beautiful evening, help  
me to lay down all my burdens  
before You. Refresh me with the  
peace only You can give. Grant  
me the courage to overcome my  
weaknesses, and may I be  
strong in the face of struggles,  
knowing that victory comes  
through  
faith in You.*

*Amen.*



# *Evening Prayers to Relieve Anxiety*

*Dear God,*

*This evening soothe my  
worries and anxieties as I trust  
in You. Help me to approach  
tomorrow with confidence,  
knowing that you have given  
me the strength to overcome  
all my fears. As I lay down  
tonight, grant me blessings  
and peaceful rest.  
Amen.*