



Week 1: Psalms of Praise

Day 1: Praising God for who He is

Selah Moment: The Lord is good, and his love endures forever. (Psalm 100:5)

Some of the most common and profound Psalms in Scripture are Psalms of praise to God. Whenever you need to be reminded of the greatness of our God, read a Psalm of praise! These Psalms will take your focus off of the challenges in your life, and help you put your trust in the awesome power of God.

Several years ago I climbed a mountain in Colorado. After the difficult, grueling hike, my group and I made it to the top-- and what a glorious sight! Our eyes beheld the beauty of the deep valleys, and snow-capped mountains that lined the horizon with majestic greatness. Wildflowers of vibrant colors dotted the grassy hills, and my heart was overwhelmed with unspeakable awe and wonder.

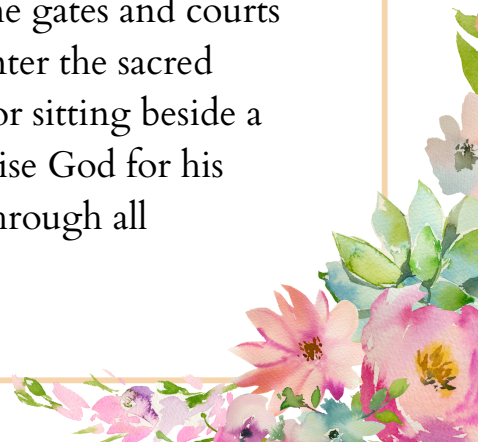
It made me want to burst into song with the familiar words,
*Then sings my soul, my Savior God to thee, how great thou art, how great thou art...**

It's amazing how the beauty of creation can move us to spontaneous stanzas of worship. I can fully understand how the anonymous psalmist of Psalm 100 penned these words,

Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs. (Psalm 100:1-2)

Shout for joy to the Lord, *all the earth*. Every sway of a tree in the breeze, the call of a singing bird, and the roaring crash of waves on the sea all shout for joy at the power and might of the Lord. How much more can we, daughters of the King of kings, lift up our voices in praise to our God?

Our God not only sits enthroned on high, but stoops down low to pick up his hurting sheep and to comfort our weary souls. We can enter the gates and courts of our local church to praise His holy name. But we can also enter the sacred sanctuary of God's creation by walking a trail, visiting a park, or sitting beside a flower bed in a beautiful garden. No matter where you go, praise God for his goodness, his everlasting love. His faithfulness that continues through all generations! (Psalm 100:5).





Week One

Day 1: Psalm 100

Read It: Read Psalm 100 in your Bible or in the space below.

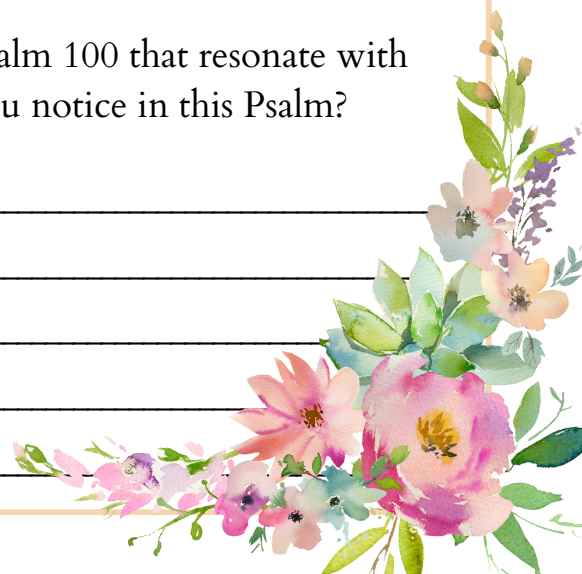
Psalm 100 (NIV)

A psalm. For giving grateful praise.

- 1 Shout for joy to the Lord, all the earth.
- 2 Worship the Lord with gladness;
come before him with joyful songs.
- 3 Know that the Lord is God.
It is he who made us, and we are his;
we are his people, the sheep of his pasture.
- 4 Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and praise his name.
- 5 For the Lord is good and his love endures forever;
his faithfulness continues through all generations.

Write It: Write down at least 1-2 verses from this Psalm that stand out to you.

Map It: Circle or highlight any words or phrases from Psalm 100 that resonate with you. Write down any notes below. What emotions do you notice in this Psalm?





Week One

Day 1: Psalm 100

Cross Reference: Look up John 10:14-18. How does this passage relate to Psalm 100:3? In what ways is the Lord your Good Shepherd?

Power Proclamation: Write down a few truths from Psalm 100 in your own words below. Proclaim the power of God's Word over your life!

Pray: Write a list of at least 3-5 things that you praise God for, and use portions of Psalm 100 to write your own prayer of praise! Use the space on the next page to write your prayer.

I praise you Lord for...

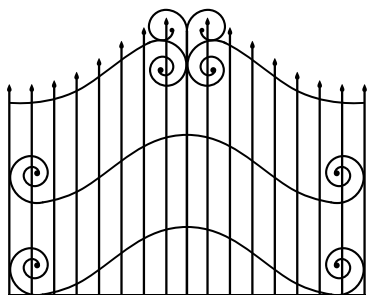


This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



Psalm 100 Bible Journaling Activity

Create a Bible journaling page on this sheet, or in your journaling Bible that visually represents a portion of Psalm 100.



*Enter his gates with thanksgiving
and his courts with praise;
give thanks to him and praise his name.*

Psalm 100:4

