



The
"I Am"
Statements
of
Jesus
Bible Study





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The 'I Am' Statements of Jesus Bible Study
For personal use or in a small group Bible
study setting
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The I am's of Jesus

Introduction: Jesus, the Great I Am

Studying the seven I am statements of Jesus is a powerful way to rest in the truth that Jesus is **Christ is Lord.** We constantly need to be reminded of the truth of who Jesus is as the Son of God. When we remember who God is, then we better understand **who we are** as children of the Most High God. In this world filled with pain, suffering and sin, we need to daily remind ourselves that God is God--and is BIGGER than any hardship or difficult situation that comes against us!

I am reminded of when God called Moses to deliver the Israelites from the hand of the Egyptians in Exodus 3:12. When Moses asked God what he should say if the people asked who sent him, God replied with,

"I am who I am. This is what you are to say to the Israelites: 'I am has sent me to you.'" (Ex 3:14)

Fast forward to the New Testament, and the religious leaders disputed with Jesus about his deity. The religious leaders, in their minds, could not fathom how Jesus, who to them was nothing more than a mere man, could equate himself with God. They picked up stones and were ready to kill Jesus over his powerful declaration--"Very truly I tell you," Jesus answered, "before Abraham was born, I am!" (John 8:58)

This astounding "I am" statement declared to the religious leaders that Jesus was claiming to be God--**the Great I Am.** He declared that he is all-powerful, and all-sufficient. He is the Alpha and Omega, the beginning and the end--because he is.



The I am's of Jesus

Jesus--the Great I Am

In this mini Bible study, we will explore the seven other powerful "I Am" statements that Jesus declared, revealing his divinity and omnipotence as the King of kings.

The seven "I Am" statements of Jesus in the book of John are:

1. I am the Bread of Life
2. I am the Light of the World
3. I am the Door/Gate
4. I am the Good Shepherd
5. I am the Resurrection and the Life
6. I am the Way, the Truth, and the Life
7. I am the True Vine

I pray that in the upcoming weeks, we stand in awe of Jesus as we uncover the powerful truths of his divinity. Whatever you are in need of, rest in the power and strength of the Great I Am--who redeems us by his grace and mercy!

I hope you enjoy this study!

In Christ,
Christin





The I am's of Jesus

I am the Bread of Life

Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty. John 6:35

Read: John 6, John 6:35

Feeding the 5,000

Jesus performed a wonderful miracle by feeding 5,000 people (not including women and children) with five loaves of bread and two fish. What a powerful miracle! God not only provides for our physical needs, but he provides for our spiritual needs.

Jesus' feeding of the 5,000 people reminds us of his daily provision in our lives.

Jesus even instructed the disciples to pray, give us this day our daily bread in the Lord's Prayer. God knows what we need to sustain our physical bodies. Later on after Jesus fed the 5,000, he later spoke to the same crowd in John 6:35 by saying, "I am the bread of life."

Not only do we need God to provide our daily needs, but we need him to provide our spiritual daily bread.

Remember when Satan tried to tempt Jesus in the desert? Satan urged Jesus to turn stones on the ground in two loaves of bread. Jesus's answer to Satan is truly profound: "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'" (Matthew 4:4)

Jesus demonstrated in his response that bread alone is not enough for our spiritual sustenance. We need God to give us spiritual food--eternal provisions that will never fade or run out.



The I am's of Jesus

I am the Bread of Life

Job said it beautifully when he declared, I have not departed from the commands of his lips; I have treasured the words of his mouth more than my daily bread. (Job 23:12)

Do we treasure the Word of God more than our daily bread? Do we wake up ready to feast on the Word of God and enjoy sweet time in the Lord's presence--even before we look forward to our first meal of the day?

May we continually go to our Lord and Savior each day for the daily Manna that he provides for our spiritual souls!

Prayer

Lord, we need you every hour. You are the bread of life, and you provide us with physical strength and spiritual power through your Word of life and hope.

We ask that you will meet our every physical needs, and help us to feast on your Word for strength and spiritual sustenance to face each day.

In your name, Amen.





The Iams of Jesus

Reflection Questions

In what ways do you need to trust God with your daily provisions?

In light of what is happening in our world with COVID-19, many people are without jobs. How can we trust God to provide our daily bread in the midst of difficult circumstances?

How are we to not only live by bread, but by the Word of God? How has the Word of God provided you with daily spiritual strength?



Prayers

22 horizontal lines for writing.



The I am's of Jesus

I am the Light of the World

"I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life." John 8:12

Read: John 8:12, Psalm 18:28, Psalm 104:2, Matthew 4:16, Matthew 5:14

Light in the Darkness

Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters. And God said, "Let there be light," and there was light. Genesis 1:2-3

It's difficult to imagine the world before it was created. It is hard to fathom that once upon a time, the world was formless and void, as darkness covered the surface of the deep.

Even before time was formed, God was. And with the power of his words, light poured through the darkness.

Jesus later proclaimed in John 8:12 that he was the light of the world. Light illuminates. Light shines. Light casts out darkness and chases away shadows. Light gives revelation and floods our heart with knowledge.

Jesus is the Light of the world.

When Jesus began his ministry in Matthew 4:17, his preaching is preceded by this powerful Scriptures from Isaiah,

The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned. Isaiah 9:2



The I am's of Jesus

I am the Light of the World

Let your Light Shine

Before Jesus entered the scene, people were shrouded in darkness. Before we knew the saving knowledge of salvation through Christ, we all groped about in darkness, stumbling in sin, shame, and brokenness.

But when Jesus came, the dawn arose, and the glimmer of his light illuminated our understanding and gave us hope. Praise be to his name, the light of the world!

The other day my husband and I shared sparklers with our children for the 4th of July holiday. We used a lighter as the main source of fuel to light the other sparklers our kids enjoyed. When the sparklers went out, our kids got new sparklers, and went to the same source of light to ignite their new sparklers.

Our kids later shared their sparklers with friends in our neighborhood, and they were able to light their friend's sparklers with the light of their sparklers, spreading their brilliant lights with others.

Like the lighter we used to light the sparklers, Jesus is our ultimate source of light and strength. He ignites our lights within us so that we can spread the fire of our faith with others.

Unlike the sparklers, the light of our faith continues to burn as we continue to go to Jesus--our source of our light, hope and strength.



The I am's of Jesus

I am the Light of the World

Let your Light Shine

It is no surprise that Jesus in the book of Matthew also declares,

"You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house.

In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven." (Matthew 5:14-16)

What a privilege that we have to share the powerful light of Jesus with others!

Prayer

Lord, we praise you that you are the light of the world. Thank you for shining the truth of your Word in our hearts.

Help us to shine the light of your love to those around us who may still be walking in darkness, and bring them to an illuminating knowledge of your freedom and salvation.

In Jesus' name, amen.





The I am's of Jesus

Reflection Questions

In what ways does Jesus illuminate the world with his light?

What do you think the darkness represents in John 8:12 when Jesus declares he is the light of the world?

Why does Jesus also say in Matthew 5:14 that believers are the light of the world? In what ways can we let our lights shine in this dark world?



Prayers

Lined area for writing prayers, consisting of multiple horizontal lines spaced evenly down the page.



The I am's of Jesus

I am the Gate for the Sheep

I am the gate; whoever enters through me will be saved. They will come in and go out, and find pasture. John 10:9

Read: John 10, John 10:7-10

Salvation through the Gate

The other day my family and I went to a community pool in our area. When we first arrived, we were not sure how to open the gate to the pool. Once the worker showed us how to open it, we could go in and out freely, knowing that the door was secure.

In John chapter 10 Jesus boldly claims that he is the door for the sheep. Some translations use the word gate. In this passage, he says that he is the gate, and that whoever enters through him will be saved (vs 9).

Those who enter through Jesus find salvation through him alone, and can come and go freely, and enjoy safe pasture (vs 9).

A gate operates to keep things in and to prevent other things out. All other people who have claimed to be the "gateway" to salvation are thieves and robbers (vs 8). We as the sheep of God's pasture must learn to listen to the voice of Jesus, and reject all other voices that try to lead us astray.

Jesus is the door and gateway to salvation, and all other claims of salvation outside of Jesus are false. We can trust in Jesus to lead us safely to the rich, green pasture of the Kingdom of God, where we will enjoy our Good Shepherd forever!

Prayer

Lord, thank you for being the doorway to our salvation in you. Lead us to the green pasture of your Kingdom, and help us to intently listen to your voice for direction and guidance. Amen.



The I am's of Jesus

Reflection Questions

Have you trusted Jesus as the door to salvation in your life? How did you come to know Jesus as your Savior?

Who is the "stranger" mentioned in John 10:5? Who do you think the "thieves and robbers" are in John 10:8?

Read John 10:10. How does Jesus give us abundant life through him?



The Iams of Jesus

I am the Good Shepherd

Read: John 10, John 10:11-18

Jesus-the Good Shepherd

Just as Jesus is the gate for the sheep, he is also the Good Shepherd. He provides us with salvation by being the gate, and he also protects the sheep from danger. Jesus is not like the hired hand who cares nothing for the sheep. As soon as a threat arises, or a predator tries to attack the sheep, the hired hand abandons the sheep and runs away (John 10:12).

Jesus, our Good Shepherd, loves his sheep so much that he laid down his life for his sheep (vs 11). Our salvation through him cost him his life, and now we can enjoy eternal life through him!

There are so many parallels between this passage in John 10, and in Psalm 23. Let's take a quick look at this beautiful passage and compare it to John 10.

Psalm 23	John 10
The Lord is my shepherd, I lack nothing. (vs 1)	"I am the good shepherd; I know my sheep and my sheep know me." (vs 14)
He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul. (vs 2)	They will come in and go out, and find pasture. (vs 9)
He guides me along the right paths for his name's sake. (vs 3)	They will come in and go out, and find pasture. (vs 9)
Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. (vs 4)	I am the good shepherd. The good shepherd lays down his life for the sheep. (vs 11)
You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. (vs 5)	The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full. (vs 10)
Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever. (vs 6)	My sheep listen to my voice; I know them, and they follow me. I give them eternal life, and they shall never perish; no one will snatch them out of my hand. (vs 27-28)



The I am's of Jesus

I am the Good Shepherd

"I am the good shepherd; I know my sheep and my sheep know me— just as the Father knows me and I know the Father—and I lay down my life for the sheep." John 10:14-15

Jesus-the Good Shepherd

Praise God that Jesus is our Great Shepherd! He is with us always, and will never abandon his sheep. During the times when you feel all alone, remember that your Good Shepherd will lead you to safe pasture and quiet waters.

Rest in the loving arms of the Good Shepherd today!

Prayer

Lord, thank you for being my Good Shepherd. Help me to listen to your voice as I immerse myself in your Word, and give me the discernment and wisdom to reject all other voices that are not from you.

Help me to trust you as my Good Shepherd today, and lead me to your green pastures of joy and peace. In your name, Amen.





The I am's of Jesus

I am the Resurrection and the Life

Jesus said to her, "I am the resurrection and the life. The one who believes in me will live, even though they die..." John 11:25

Read: John 11:1-44

Jesus--the Resurrection and the Life

When Jesus refers to himself as the resurrection and the life in John 11, he powerfully raised his dear friend Lazarus from the grave. Jesus received word that Lazarus was sick, and instead of immediately going to heal Lazarus, he waited until he passed away before he went to Bethany (John 11:14).

When he finally arrived to meet Mary and Martha, the sisters of Lazarus, he told Martha, "Your brother will rise again" (vs 23). Martha assumed Jesus was referring to the final resurrection when all believers will rise on the last day. She had no idea that Jesus was planning to resurrect her brother that very day!

Then Jesus powerfully declared his deity by proclaiming, "I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die" (John 11:25-26).

What does it mean that Jesus is the "resurrection and the life"? The Greek word "resurrection" means a "raising up and a rising from the dead" ([source](#)). It refers to the resurrection of Christ, and also refers to the resurrection that will take place in Revelation 20:6.

When Jesus declared that he is the resurrection and the life, he ultimately declared victory over death and the grave. Only God himself has such power that he can lay down his life and take it back up again (John 10:18).



The I am's of Jesus

I am the Resurrection and the Life

Jesus--the Resurrection and the Life

Jesus displayed that he is the resurrection and the life when he powerfully rose Lazarus from the grave (John 11:43). Jesus has all power in his hands to defeat death and the grave!

During times of grief, turmoil and pain, we must remember to go to Jesus--the resurrection and the life. He has the power to resurrect any dead situation and breathe his life into it. Nothing is too difficult for our God!

Prayer

Lord, we thank you that you are the Resurrection and the Life. You defeated death and the grave, and you demonstrated your divine power when you resurrected Lazarus from the dead. Thank you that through you, we have eternal life.

We ask that you resurrect anything in our lives that needs your breath of life and healing, and help us to trust you with our lives each day.

In your name, Amen.





The Iams of Jesus

Reflection Questions

Mary and Martha experienced deep grief and mourning at the loss of their brother Lazarus. What losses have you experienced in your life that caused you deep pain? Did you ever feel like Mary and Martha?

Read John 11:33-36. Why do you think Jesus wept when he knew he would raise Lazarus from the dead? How does God feel when he sees his children in pain?

What areas in your life do you need God to "resurrect" in your life? How can you trust Jesus as the resurrection and the life in that situation?



Prayers

24 horizontal lines for writing prayers.



The I am's of Jesus

I am the Way, the Truth, and the Life

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me." John 14:6

Read: John 14, John 14:6

Jesus--the Only Way

At this point in the book of John, Jesus is preparing his disciples for the time when he will no longer be with them. Jesus knew that the time for him to be crucified was drawing near. In the beginning of chapter 14, Jesus told them that he was going to prepare an eternal place for them (John 14:2-3).

The disciples did not yet know what Jesus was talking about when he said, "You know the way to the place where I am going." (John 14:4) Thomas replied by saying, "Lord, we don't know where you are going, so how can we know the way?" Jesus answered him by declaring another powerful "I am" statement:

"I am the way and the truth and the life. No one comes to the Father except through me." (John 14:6).

The Greek word "way" in this passage is "hodos", which means "a way, a traveled way, road, a travelers way, journey, traveling". It also means a course of conduct or a manner of thinking, feeling, and deciding ([source](#)).

Jesus was proclaiming that he is the path, and road to get to our final destination of eternal life. There is no other road, highway or path that will take us to our glorious eternal home. Jesus is the only way to access the Father.



The I am's of Jesus

I am the Way, the Truth, and the Life

Jesus--the Only Way

Have you ever taken an unfamiliar road to get to a certain destination? There used to be a time when people used maps to navigate from place to place. Now we have high-tech navigation systems in our cars and on our phones.

If we think about it, God's Word is our GPS navigation system. When we follow the words of Jesus, we will always find ourselves travelling on the right path--in fact, he is the path who will get us to our eternal destination.

We need to be reminded that this world is not our home. This place we call earth is not our final destination. Let's continue to travel the road Jesus has paved for us that will lead us to our true home. To a place where there will be no sin, sickness, death or disease.

To a place where we will dwell with our Father forever.

Prayer

Lord, thank you that you are the way, the truth, and the life. Not only do you light the path before us, but you **are** the path. Help us to follow you wherever you go, and lead us to our eternal destination where we will be with you forever. In your name, Amen.



The I ams of Jesus

Reflection Questions

How would you explain John 14:6 to an unbelieving friend or family member?

Have there been times when you strayed from the path of God's truth in your life? How can the Word of God act your spiritual GPS system?

Why is Jesus the only way the Father?



The I am's of Jesus

I am the True Vine

"I am the true vine, and my Father is the gardener." John 15:1

Read: John 15:1-17

Jesus--the True Vine

Do you enjoy the refreshing taste of cool, crisp grapes on a warm summer day? The final "I am" statement Jesus made referred to this delicious fruit. "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." (John 15:5)

There are many lessons we can take away from this powerful word picture of vines and fruit.

Jesus is the Vine-The vine is a woody-stemmed plant of the grape family. All of the branches that contain the bunches of grapes come from this stemmed vine. If there is no vine, there are no branches or fruit!

We (believers) are the branches- We are the branches connected to Jesus, the Vine. No branch can produce fruit on its own--and we must remain connected to Jesus to produce spiritual fruit in our lives. Without Christ, we can do nothing! (John 15:5)

God the Father is the Gardener- God the Father is the Gardener, and has the authority to cut off any branches that do not bear fruit from the vine (John 11:2). He also has the authority to prune the branches.



The I am's of Jesus

I am the True Vine

Jesus--the True Vine

After doing a quick Google search I discovered that there are two types of pruning for grape vines--cane pruning and spur pruning. All gardeners agree that the more you prune the branches, the more fruit will be produced the following season.

Pruning is the cutting away of dead or overgrown branches or stems that produces healthy plant growth.

We may not enjoy the pruning that God does in our lives, but it is necessary. God cuts away the things in our lives that need to be removed--old habits, negative thought patterns, sinful behaviors, and other things that do not yield good fruit in our lives.

God can also use the difficult circumstances and trials we face to produce a powerful abundance of fruit in our lives--we must trust that our Great Gardener knows what he is doing!

Prayer

Lord, thank you that you are the Vine. Help us to remain connected to you, our source and lifeline. With you, we can do all things, but apart from you, we can do nothing. Teach us to produce the abundant fruit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

As the Father prunes us, help us to trust that we will bear even more fruit and offer refreshment and hope to the world. In your name, Amen.



The I am's of Jesus

Reflection Questions

What does it mean to remain (or abide) in Christ, according to John 15:4?

How can we stay connected to Jesus the True Vine, in a world filled with uncertainty and trials?

The spiritual pruning process may be painful at times, but how can we become even more fruitful when we allow God to prune us?

