



# Psalm 121

*I lift up my eyes to the mountains—  
where does my help come from?  
My help comes from the Lord, the  
Maker of heaven and earth. He will not  
let your foot slip— he who watches  
over you will not slumber; indeed, he  
who watches over Israel will neither  
slumber nor sleep. The Lord watches  
over you— the Lord is your shade at  
your right hand; the sun will not harm  
you by day, nor the moon by night.  
The Lord will keep you from all harm—  
he will watch over your life; the Lord  
will watch over your coming and going  
both now and forevermore.*