





Prayers for Myself

Lord, help me to...

- *Patiently wait for you to grant me the desires of my heart as I delight in you (Psalm 37:4)*
 - *Flee the desires of my flesh and pursue righteousness, faith, love, and peace out of a pure heart for you (2 Timothy 2:22)*
 - *Surround myself with godly women and mentors who will teach me what is good and hold me accountable to holy living (Titus 2:3-4a)*
 - *Be diligent in the work you have called me to (Colossians 3:23)*
 - *Trust you to provide for my physical needs of food, clothing, shelter, etc and not worry about what tomorrow will hold (Psalm 111:5, Matthew 6:25-34)*
 - *Ask you for wisdom and guidance for the direction you have for my life (James 1:5)*
 - *Think about and ponder what is right, noble, pure, lovely, admirable, excellent and praiseworthy (Philippians 4:8)*
 - *Remember that you are my hiding place; you will protect me from trouble and surround me with songs of deliverance. (Psalm 32:7-8)*
 - *Cast my burdens on you, for you will sustain me. Thank you that you will never permit the righteous to fall. (Psalm 55:22)*
 - *Be still and know that you are God (Psalm 96:10)*
 - *Not be anxious about anything, but in everything by prayer and supplication and with thanksgiving to make my requests known to you. (Philippians 4:6)*
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Prayers for Myself as a Wife


Lord, help me to...

- *Bring good to my husband, and not harm all the days of his life (Proverbs 31:12)*
- *Work vigorously with eager hands inside and outside of my home (Proverbs 31:13, 14, 16, 17, 27)*
- *Make daily spiritual and physical provisions for my family (Proverbs 31:15, 21, 22)*
- *Open my arms to those in need (Proverbs 31:20)*
- *Remember that I am clothed with your strength, dignity and beauty (Proverbs 31:25)*
- *Speak words of wisdom and faithful instruction to those around me (Proverbs 31:26)*
- *Reverence and honor you as Lord of my life (Proverbs 31:30)*
- *Honor, respect and submit to my husband as unto the Lord (Ephesians 5:22, 33)*
- *Love my husband unconditionally through sexual intimacy (1 Corinthians 7:4-5, Proverbs 5:17-19)*
- *Put on the full armor of God and fight for my husband and family with the power of God's Word (Ephesians 6:11, 17)*
- *Speak words of kindness and honor to my husband rather than harsh tones of bitter contention, nagging and quarreling (Proverbs 15:1, Proverbs 21:9)*
- *Serve as a God-ordained, suitable helper to my husband as you help and sustain us in our times of need (Genesis 2:18, Psalm 115:11)*



Prayers for my Husband

Lord I pray ...

- That he operates as head of our household with humility, love and grace, as Christ is the head of the church (Ephesians 5:23)
 - That he loves me unconditionally and sacrificially as Christ loves the church and gave himself up for her (Ephesians 5:25)
 - That he lives with me in an understanding way, is considerate of my feelings and treats me with respect and honor as a woman, that his prayers will not be hindered (1 Peter 3:7)
 - That he lives a life above reproach and disgrace; that he will not be discredited or proven to be a disappointment (1 Timothy 3:2a)
 - That he is temperate and self-controlled, led by the Holy Spirit (1 Timothy 3:2, Ephesians 5:18)
 - That he is respectable, honorable, trustworthy and respected among others in our community (1 Timothy 3:2, Proverbs 31:23)
 - That he is hospitable and able to teach (actively makes disciples and teaches our children the ways of the Lord) (1 Timothy 3:2, Ephesians 6:4, Matthew 28:19)
 - That he is not given to drunkenness or any other destructive addictive behavior (1 Timothy 3:3, Ephesians 5:18, 1 Corinthians 6:19-20)
 - That he is not a man of violence, but gentle and loving (1 Timothy 3:3, Ephesians 4:26)
 - That he is not a lover of money, but manages our finances with wisdom (1 Timothy 3:3, Matthew 6:24, Proverbs 13:11)
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Prayers for my Children

Lord I pray ...

- *That I will teach, train and instruct my children in the path you have for them; that they will not depart from you in their old age (Proverbs 22:6, Ephesians 6:4)*
 - *That I will view my children as a blessing and not a burden, as a treasured inheritance and reward from you (Psalm 127:3, Psalm 37:26)*
 - *That my children will be mighty in this land, strong and blessed (Psalm 112:2)*
 - *That you will cause my children to flourish, thrive, and have great increase (Psalm 112:2, Psalm 128:3)*
 - *That my children will as adults tell their children yet to be born about the goodness of the Lord, and put their hope in you and not forget your works (Psalm 78:6-7)*
 - *That you will protect my children from the evil one (John 17:15)*
 - *That my children will walk in the truth, as you have commanded us (2 John 1:4)*
 - *That I will not discourage, embitter or exasperate my children, but train them in the instruction of the Lord (Ephesians 6:4)*
 - *That my children will never be forsaken or lack provision from your hand (Psalm 37:25)*
 - *That my children will choose their friends carefully and not be led astray by the wicked (Proverbs 12:26)*
 - *That my children will turn their ear to wisdom and apply understanding to their hearts, that they will call out for insight from the Word of God (Proverbs 2:1-3)*
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